

# Kittery

## School District

*Truth & Knowledge*

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January 8, 2021

To our Valued Employees...

Responding to this pandemic has been stressful for you, and I want to do everything we can to offer support. To that end, the Kittery School District is offering facilitated time for its employees with a Licensed Clinical Social Work (LCSW) to share thoughts, to hear from one another, and to receive support and advice from an experienced practitioner.

I hope you will consider joining in if you think it would be helpful to you. We know our staff is concerned about:

- **Maintaining their health and the health of their loved ones.**
- **Pressure to make up for lost ground from last spring.**
- **The health of their students and the students who they don't see this year.**

These and other topics of your choice will be addressed in a safe and welcoming virtual environment. Won't you consider joining in? Here is the schedule:

### **For Employees Only:**

Monday, January 18, 6:00 - 7:30 PM (register by 3:00 PM Jan. 14)

Monday, January 25, 6:00 - 7:30 PM (register by 3:00 PM Jan. 21)

Monday, February 1, 6:00 - 7:30 PM (register by 3:00 PM Jan. 28)

Monday, February 8, 6:00 - 7:30 PM (register by 3:00 PM Feb. 4)

Registration is required. Do so by emailing or calling Donna Schoff ([dschoff@kitteryschools.com](mailto:dschoff@kitteryschools.com)) 207-475-1334 (you may leave a message). We will need your email address in order to send you the secure meeting link.

Thank you for all you are doing.



Eric Waddell

Superintendent of Schools