

TO: Eric Waddell, Superintendent
FROM: Shay Stathopoulos, Director of Nursing Services, RN, BSN, NCSN
DATE: November 2019
RE: Quarterly Report for School Committee

August: Sports physicals were completed at Traip with KFP. Standing orders for OTC medications and nebulizing treatments for the district were written and obtained. Scripts were sent out for stock Epi-pens in the school. Asthma and Allergy plans requests are sent out to families. Immunization requests and Exemption forms are also sent out. Orders for students that have chronic illness, such as Diabetes, Seizure Disorders or medications are requested and obtained. AED batteries and pads are checked for expiration dates. Supplies are inventoried and put away in the Shapleigh storage closet, while each nurse checks to be sure that health offices are stocked for the first day of school.

September: Health plans are written and/or updated and health records are reviewed for each student and information is distributed to each staff person that works with the student. Nurses collaborate with nutrition around food allergies and dietary surveillance. Nurses collaborate with custodial staff regarding environmental controls to support the health of students. Nurses communicate with the bus company regarding health issues and training. Life threatening allergy, Asthma and Diabetes management training were done with school staff in each building. Nurses complete substitute plans. The district-wide Wellness meeting was held as well as building level Wellness meetings. Sports physicals were performed at Shapleigh with the KFP. The day-to-day routines of tending to students begin, as does health screenings. A review of health policy changes occurred.

October: Health screenings for vision, hearing, height and weights continue. We partnered with the Visiting Nurses Association of Portland to assure that students and staff had access to the flu vaccine. A clinic was held at each school and Central office. 21% of students received the flu vaccine in school and approximately 78 staff. A dental clinic was held and the students that elected to sign up were able to have dental screenings with sealants and fluoride treatment by the Tooth Protectors.

November: Health screenings continue. (Total thus far: 387 hearing screens, 389 vision screens, and 251 BMIs). The review of physical exams for the winter sports season was done at the middle and high school. The nurses participated in a Table Top discussion on Emergency Preparedness. A meeting with *Let's Go* occurred to review Wellness goals. Nurses continue to reach out to parents, providers and the state immunization program to help students to be in compliance with state required vaccinations.

Professional Development: Collaborating with Pediatricians to Address the Complex Mental Health Needs of Maine Youth, Mental Health Assessment Tool, and Anxiolytics & Traditional Treatment Approaches, Childhood Obesity, Recognizing Mental Health Issues with co-occurring medical conditions, Social emotional Learning, and Parent Information and Advisory session on challenges of puberty in the digital age in addition to the mandatory district trainings

By the Numbers

New students in district: 84 + incoming Kindergarten **Health Record noncompliance:** 4

Flu Vaccines Staff: 68 **Flu Vaccines Students:** 214 (21%)

New Diagnosis this quarter: Acute Lymphocytic Leukemia, sprains x2, Fractures: compound of arm, wrist, left clavicle, right clavicle, foot, right distal radius, and thumb; ankle sprain, concussion x 2, ADHD x 7, Autism x 3, Seasonal allergies x 16, Aplastic anemia, Food allergies x 9, Eczema x 7, Lactose intolerance x 2, Cardiac murmur x 4, Medicinal allergies x 4, Myringotomy x 8, Asthma x 7, Seizure DO x 2, Hearing loss, Stomatitis, Hypoglycemia, Conduct DO, Dermatomytosis, ACL graft tear, corneal ulceration

Surgical Procedures: Tonsillectomy x 2, Sclerotherapy, ACL knee repair, wisdom tooth extraction, dental procedures x 4

Average Daily Student Office Visits: 32 district wide daily **Average Daily Parent Contact:** 7 district wide daily

Staff Assessments: 38 this quarter **Referred:** 3 referred

Screenings in the district: Body Mass Index: 251, Vision screening: 389, Hearing Screening: 387

Meetings:

Nursing = 2

504/IEP = 41 total

Staff meetings = 10 total

Field Trips = 9

Wellness = (1-district/5 -building)

Student Assistant Team/New England Association
of Schools and Colleges = 8 total

** We are still working to help students obtain immunizations and/or exemptions.**