

**TO:** Eric Waddell, Superintendent  
**FROM:** Shay Stathoplos, Director of Nursing Services, RN/BSN/NCSN  
**DATE:** February 2019  
**RE:** Quarterly Report for School Committee

**November:** The first Stop The Bleed training occurred with 22 district staff in attendance with the nurses assisting the trainer, Seth Kenneway from Portsmouth Hospital. Plans for another training are underway. Physicals reviewed for winter sports. Help with winter clothing and holiday baskets begin. Health screening continues.

**December:** A District level Wellness meeting was held. A gold level was presented to Mitchell for Wellness initiatives and policy was awarded. The mandatory state immunization report was submitted with compliance obtain, in part, due to support from the superintendent. Holiday giving was facilitated in conjunction with community organizations and the guidance team. Health screenings continue.

**January:** One of the nurses attended a webinar on "Managing Marijuana in Our Schools". This has resulted in a policy and form review. Final recommendations will be submitted in February following the nursing meeting. An incident report review of the playground for Mitchell was done to determine our best practices for recess. Final plans are being made for the next Stop The Bleed training in March.

### By the Numbers

**New students in district:** 13

**Health Record noncompliance:** All compliant

**New Diagnosis:** Glasses x 3, molluscum contagiosum, milk allergy, ankle fracture, ear tubes, hernia repair, sutures for facial laceration, gluten allergy, asthma, migraines, knee sprain, seizure disorder, depression with inpatient stay, Tourette's DO, Celiac Disease, ADHD x 2, Arm sprain, Anxiety, Pyelonephritis.

**Significant School injuries:** Concussion x 2, (staff) compression fracture of spine, fracture of wrist and arm; Grade IV laceration of the spleen, Fracture of the arm, Hockey injury requiring transport and ER evaluation, Concussion (Basketball); EMS evacuation for fainting episode

**Surgical Procedures:** Tonsillectomy and adenoidectomy, repair of broken arm, dental surgery, ear tubes, hernia repair, facial sutures with dental repair; ear tube placement, wisdom tooth extraction, ear drum repair.

#### Infectious Illnesses:

Confirmed Influenza = 27

Pneumonia = 5

Norovirus = 18

Influenza-like Illnesses = 13

Strep = 24

Other: conjunctivitis = 7; croup = 1; Impetigo = 3

**Average Daily Student Office Visits:**

33 per office daily

**Average Daily Parent Contact:**

14 per office daily

**Staff Assessments:** 59 this quarter

**Referred:** 7 referred

#### Meetings:

Wellness = 2

504/IEP = 23 total

Staff meetings = 12 total

Field trip prep = 11

Student Assistant Team/New England Association  
of Schools and Colleges = 9 total