

To: Eric Waddell, Superintendent
From: Scott Harris
Date: November 25, 2019
RE: Quarterly Report

District Level:

- Coordinating with local agencies to connect families in need with supports in the community.
- Attended a S.A.R.S.S.M. training on Child Abuse Recognition, and are currently working on developing a protocol and training for staff in Kittery School District to align with L.D. 1180.
- Have been working with Marilyn Woodside to establish evaluations specific to school counselors.
- Developing protocol for Suicide Prevention that complies with DOE standards.
- Changing the title from Guidance to School Counselors: <https://www.schoolcounselor.org/asca/media/asca/Careers-Roles/GuidanceCounselorvsSchoolCounselor.pdf>
- Participated in Table Top Exercise to support school safety protocols.

Mitchell Counselors:

- Delivering weekly SEL lessons to all K-3 students and integrating with the Responsive Classroom model.
- Zones of Regulation lessons are being taught in Kindergarten classes.
- Making connections with all students in a small group format.
- Have met with 95% of K-3 students who have been to a lunch bunch.
- Increase our level of care in responsive services (i.e., We are more available to respond to a crisis and able to provide better follow-up post-interventions).
- Collaborate and consult with staff to provide trauma-informed care for our most vulnerable students.
- Trained Unit A staff at Mitchell, in Suicide Awareness and Prevention this fall.
- Have noticed a significant positive impact increasing the counselor position to full time in supporting students.

Shapleigh Counselors:

- Weekly social/emotional school counseling lessons for 4th & 5th grades, including a 5th-grade lesson on inclusion (currently at lesson9): https://app.secondstep.org/Portals/0/G5/Research_Alignment/ss_K-5_Scope_Sequence.pdf
- Coordinated 4th – 6th-grade classroom lessons with the Cromwell Center for Disabilities Awareness.
- Anxiety, Depression, and Suicide Prevention lessons for 7th & 8th grades.
- Executive Functioning lessons and follow up support in 7th grade.
- Helped plan and facilitate a parent program: "Puberty and Sexual Health in a Digital Age."
- Provided 1:1 counseling to students.
- Welcomed several new students and families to Shapleigh.
- Lunch/Social groups (daily for grades 4 and 5; one per week for grades 6, 7, and 8)
- Small groups - Anxiety, 6th-grade survival group.
- Facilitator for Gay-Straight Alliance for 7th & 8th graders (once a week)
- Accompanied students to a 2-day leadership training in Bangor by the Maine Youth Action Network.

Traip Counselors:

- Field trip with Juniors and Seniors to UNH for NEACAC College Fair.
- Planning a field trip to UMaine and MMA for December 6th.
- Have met with all 9th graders individually to welcome them to Traip.
- Meetings with (and will continue to) all seniors around post-high school planning, and assisting in the application process for post-secondary education.
- Aligned curriculum with Career & Education Development graduation standards.
- Welcomed Victoria Swell as the new Sweetser School-Base Clinician for Traip.
- Administered PSAT/NMSQT for all 10th & 11th grades and PSAT 8/9 for 9th grade on Oct. 16th.