

To: Eric Waddell, Superintendent
From: Mathew Kiernan
Date: November 19, 2018
RE: November 27th Quarterly Report

District Level Team:

- Counselors have worked to identify and provide services for any and all of our homeless students under the McKinney Vento Act.
 - Shared documentation and improved lines of communication re: shared families is key in this matter.
- Counselors at all schools have really been working hand in hand with our own resources (school nurses and others) to link our families to outside resources with the holidays approaching. Most notably Kittery Holiday Baskets and Operation Give a Gobble.
- We have been reviewing previously constructed documentation within, as well as soliciting exemplars from neighboring districts to compile our own comprehensive and easy to use “crisis response” and “suicide response/prevention” protocols. That work is ongoing and #1 on our team’s shared priority list.

Traip Counselors:

- Met with every 9th grader individually to welcome them and get to know them.
- Organized PSAT and PSAT 8/9 assessments for 3 of our 4 classes in October.
- Delivered group guidance around post secondary plans/aspirations to all seniors.
- Met individually with all seniors at least once to discuss individual plans and details.
- Individual sophomore meetings are ongoing.
- Planning for the winter administration of Maine Integrated Youth Health Survey, February 2019.
- Took a group of seniors, juniors and sophomores on a bus trip to the US Coast Guard Academy, Conn. and also Bryant University, RI.

Shapleigh Counselors:

- Ongoing observations and interventions including lunch groups and peer mediation, providing needed social/emotional support.
- Two separate small groups focusing on extreme worry/anxiety and perfectionism are being run.
- Crisis management and support of students in dangerous situations including instances of self-harm and suicidal ideation.
- Supporting families in any way to help them meet their basic needs of children.

Mitchell Counselors:

- Kindergarten transitions/parent meetings, ongoing
- New families and tours, “Welcoming them to the Pack”
- Weekly classroom lessons re: social/emotional skills. *Second Step* curriculum
- Starting the Civil Rights Team here at Mitchell
- Crisis Management/DHHS involvement for students with high needs
- Addressing attendance concerns and making plans to make changes
- Lunch Bunch groups
- Mitchell Mate mentoring program in coordination with Carol Lombardi