

Kittery

School District

Truth & Knowledge

*Horace Mitchell Primary School
Shapleigh School
R.W. Traip Academy*

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December 16, 2020

Good evening...

I'm sorry to report that we just learned minutes ago that another member of the Shapleigh School community has received a positive COVID 19 test result. An official letter is attached. The individual was last on campus on Monday, December 14th. Although an afternoon bus was involved, there are no bus-related close contacts.

School officials are currently contacting a small group of close contacts. The delivery of education for grade 7 may be impacted for Friday (Thursday, December 17th, will be a snow day). Please watch for more details from Principal Ellis.

The last possible exposure at school was Monday afternoon, December 14th; that means that close contacts may seek a PCR test as early as Saturday. Close contact who have other District students or staff in their household must also quarantine on Friday, December 18th.

I'm sure you have questions. Do not hesitate to email Ms. Bladen (bbladen@kitteryschools.com), Principal Ellis (allis@kitteryschools.com), or Mrs. Perry (mperry@kitteryschools.com). They will support your every step of the way.

I hope you can relax a bit tomorrow. Enjoy your evening.

Sincerely,



Eric Waddell
Superintendent of Schools

KITTERY SCHOOL DISTRICT

Eric F. Waddell • Superintendent of Schools • ewaddell@kitteryschools.com • (207) 475-1334

December 16, 2020

Dear Staff, Students, and Families:

This letter is to inform you that an individual associated with Shapleigh School recently tested positive for Coronavirus Disease 2019 (COVID-19). There is a possibility that other staff or students came in contact with this individual and therefore may be exposed to the virus. We are informing you out of an abundance of caution. Please monitor yourself/your student for signs and symptoms. Call a health care provider if symptoms start. It is important that you call a health care facility before you show up in person. Stay home if you are sick. Please call your student's school nurse if your student develops symptoms, tests positive, or anyone in your household tests positive for COVID-19.

COVID-19 is a respiratory illness that ranges from mild to severe. It can be more severe in adults 60 years and older and in those with underlying conditions. The virus mainly spreads when an infected person coughs or sneezes and an uninfected person breathes in the virus. Signs and symptoms include:

- fever or chills
- fatigue
- sore throat
- nausea or vomiting
- cough
- headache
- diarrhea
- congestion or runny nose
- shortness of breath or difficulty breathing
- muscle or body aches
- new loss of taste or smell

Please keep in mind that many things can cause respiratory illness, so students and staff should be up-to-date on influenza and routine vaccinations.

A school representative will soon contact you directly if you are identified as a close contact of someone who tested positive. Close contacts will be asked to quarantine for 14 days from last exposure to the positive individual, or four 10 days from the last exposure with a negative PCR test no less than 5 days after the last exposure. A negative test result does not get an individual out of quarantine.

Maine CDC recommends prevention measures to prevent the spread of COVID-19. These measures include proper handwashing with soap and warm water, which is especially important after using the bathroom, before eating, and after blowing your nose, coughing, or sneezing. When soap and water is not available, use an alcohol-based hand sanitizer with at least 60 percent alcohol. Avoid touching your eyes, nose, and mouth with unwashed hands and avoid close contact with people who are sick. Cover your cough or sneeze into a tissue, then throw the tissue in the trash. Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.

Questions for the school can be directed to Ms. Bladen, RN by calling 207-439-2572. For general COVID-19 questions, dial 211 (or 1-866-811-5695). You can also text your ZIP code to 898-211 or email info@211maine.org. Call a health care provider for questions about your symptoms. More information can be found at: www.maine.gov/dhhs/coronavirus or www.cdc.gov/coronavirus.

Sincerely,



Eric Waddell
Superintendent of Schools