

To: Eric Waddell, Superintendent
From: Scott Harris, Director of School Counseling
Date: September 30, 2020
RE: Quarterly Report

District Level:

- Finalized the District's Suicide Prevention Protocol which is in compliance with state mandate.
- With an increased need and are working to connect families with End 68.
- Coordinating referrals to Sweetser and other mental health services
- Individual and group support for students in need
- Meeting 1:1 with all new families -- touring the building, transitioning into school under unusual circumstances
- Running 504 annual meetings and attending IEP meetings

Mitchell School Counselors:

- Meeting kids where they are, lots of fears, expressing thoughts and worries about death, sickness, going remote, etc.
- Starting the returning to school COVID Second Step lessons
- Lots of teaching around new rules (6 feet apart, washing hands, wearing masks)
- Maintaining a remote and physical presence so that all students have access to us
- Working with teachers and staff on their worries and concerns
- Getting our Google Classrooms up and running so that we can teach in person and remotely

Shapleigh School Counselors:

- Establishing criteria/systems for working with kids in the hybrid/remote setting (online referral form for students and teachers to request support, creating virtual offices, updating website)
- Weekly Classroom Lessons (so far: introduction to school counselor, the teenage brain and executive functioning in a remote setting, mindfulness and meditation) in 7 & 8th grades.
- New student parent outreach, tours, introductions and help with acclimation to Kittery
- Coordination of services between school and agencies, such as Sweetser, Opportunity Alliance, etc.

Traip School Counselors:

- Created a new website and newsletter to keep students and parents informed (launching Oct 1).
- Scheduling adjustments and working with the data manager to account for all Graduation Standards.
- Coordinating testing for PSAT/SAT.
- Meeting with Seniors on developing post-high school plans.
- Updating practices to online options (i.e. college visits, meeting, document requests, etc).