

## Kittery School Nutrition Program Quarterly Report

**TO:** *Eric Waddell, Superintendent*

**FROM:** *Wendy Collins, School Nutrition Director*

**Date:** *November 2018*

**RE:** *School Committee November 2018 Quarterly Report*

**Date:** **Summer-November 2018**

### **Participation Report**

Mitchell Breakfast 23% Lunch 55%

Shapleigh Breakfast 22% Lunch 55%

Traip Breakfast 11% Lunch 47%

### **Free/Reduced Report**

Mitchell 29%

Shapleigh 26%

Traip 28%

### **Special Events**

#### **-Summer Lunch Program Pizza Party**

Many vendors, nutrition groups, our State office, Kristen from PNSY and Superintendent Waddell (and family) came to a fun day of games, bouncy house, food and fun at KCC to kick off our Summer lunch program. We averaged over 120 meals daily, growing again this summer.

#### **-Maine Harvest Week**

Chef David visited Shapleigh and whipped up an amazing meat sauce using local tomatoes from Greenlaw Gardens and donated local meat from Maine MEat.

Students at all three schools shucked corn grown locally at Riverside Farm in North Berwick.

Weathervane Seafoods visited teaching their Lobster Lore program about harvesting lobsters in Maine.

#### **-Chef to School Program**

David Vargas, Chef, Parent and owner of Ore Nells in Kittery, continues to volunteer his time at our schools for the third year. He has stopped by Mitchell and Shapleigh Schools in the past weeks to whip up omelets to order. David is an amazing partner with the Kittery community!

#### **-Shapleigh School Smoothie Contest**

Manager Karen Sweeney hosted a smoothie contest at Halloween to encourage students to choose a healthy breakfast to help kick start their learning power for the day.

#### **-FoodPlay Productions**

Mitchell School students were entertained by a juggling nutrition magician in October. This group travels around teaching students in an interactive fun way about the importance of healthy eating and exercise. This was made possible by a grant from Bob's Clam Hut to the School Nutrition Program last year.

#### **-Meatless Mondays**

The kitchens have revisited the Meatless Monday theme to showcase delicious meals that welcome vegetarian students to our Cafe's. Each school also offers daily alternate meals some being vegetarian and a few vegan options. Don't forget our "World Famous" Salad bars are also available daily!