

TO: Eric Waddell, Superintendent
FROM: Shay Stathoplos, Director of Nursing Services, RN/BSN/NCSN
DATE: November 14, 2017
RE: Quarterly Report for School Committee

August: Sports physicals were completed at Traip Academy with Kittery Family Practice physicians attending. Standing orders for the district were written and obtained. These orders are for Over-The-Counter medications and for nebulizer if needed. Nebulizing solution obtained at Rite Aid. Epi-pen scripts were sent out for stock Epi-pens in the school. Asthma and Allergy plans are sent out to families in an attempt to be ready for students the first day of school. Immunization requests and Exemption forms are also sent out so that we may anticipate which students will need vaccines updated. Orders for students that have chronic illness, such as Diabetes, Seizure Disorders or medications are obtained. AED batteries and pads are checked for expiration dates. Supplies are inventoried and put away in the Shapleigh storage closet, while each nurse checks to be sure that health offices are stocked for the first day of school.

September: Health records are reviewed for each student and needed health information is distributed to each teacher and staff person that needs to know the health information. Health plans are written and/or updated. Nurses work with nutrition around food allergies and needed dietary surveillance. Nurses work with custodial staff to make sure that needed hand-wipes are placed outside of classrooms. Nurses touch base with the teachers that may have students with food allergies to assure that we follow a safe protocol for each student as well as discussing other chronic conditions that need daily attention, such a diabetes or seizure disorders. Nurses also work with the bus company so they are aware of students that ride the bus with health issues that may need attention during transportation. Nurses complete substitute plans in the event that they will not be in the building at any given time. Crisis bag supplies were obtained and distributed. The first district-wide Wellness meeting was held as well as building level Wellness meetings. Sports physicals were performed at Shapleigh, again in conjunction with the Kittery Family Practice. The day-to-day routines of tending to students begin, as does health screenings.

October: Health screenings for vision, hearing, height and weights are continued from September. Students in grades K, 1, 3, 5, 7 and 9 are all screened as well as any new student that comes into the district. Nurses attended the ACES training and have begun working on advancing our use of the health portion of Infinite Campus. As a group we met with Fuel and More to help them brainstorm how they could be of more assistance to the student's families. They currently help by providing money for heating fuel and warm clothing. Ideas included gas vouchers to be included in the 68 Hours bags. Nurses help with the End 68-Hours of Hunger initiative to various degrees in each school. We partnered with the Visiting Nurses Association of Portland to assure that students and staff had access to the flu vaccine. A clinic was held at each school and Central office. A dental clinic was held and the students that elected to sign up were able to have dental screenings with sealants and fluoride treatment by the Tooth Protectors. Nurses participated in the York County Oral Health Project and we were able to connect Head Start and the Eyes of The World preschools, located in the Kittery Recreation Center, with the UNE dental school so that the preschools could have dental screenings for those students who opt in to have this performed on site at the Recreation Center.

By the Numbers:

New students in district: 158 **Health Record compliance:** (Sept) 45 not compliant
(Oct) 8 not compliant

New Diagnosis this quarter: 42

Note: With chronic conditions such as food allergies or seizures, a health plan and an emergency plan are required to keep the student safe in school. Most should have a 504 in place to make sure that roles and responsibilities are clear between the nurse, parent, child and other school personnel. Nurses anticipate that other conditions that do not require a plan still warrant attention and treatment by the school nurse. Acute conditions such as fractures or sprains require the nurse to plan for transitioning to classes, participation at recess, Physical Education accommodations, accessing the bus, and evacuation procedures.

Sometimes parents will bring in the MD note, but sometimes they do not, so we work with the parent, child, and staff to assure that that the student does not obtain further injury.

Health plans this quarter: 57

Note: Health plans are written based on parental report and physician diagnosis. These are typically done in a 504 format, but some are not depending upon the parent's wishes. Usually the emergency medical plan is built into the health plan. These require updating each year for appropriate response and changing medication dosing.

Average Daily Student Office Visits: 35 in each school (these vary daily)
Average Daily Parent Contact: 8 in each school (these vary daily)

Staff Assessments: 42 this quarter Referred: 5

These can range from a short consultation around a chronic health issue to an acute complaint such as sore throat, stomach ailments, etc. Although this is not in our job description and with good reason, as we do not know the entire health picture of an employee, we as school nurses understand that we are in a position to help ease anxiety over a health complaint or to encourage the person to seek the help of their primary care provider. This seems to allow staff to remain in school and focus on the task at hand.

Meetings:

Nursing = 3
504/IEP = 25 total

Wellness = 3 (1-district/2-building)
Student Assistant Team/New England Association
of Schools and Colleges = 10 total

Staff = 10 total
YCOHP - 2

Fuel & More - 1