

**TO: Eric Waddell, Superintendent**  
**FROM: Shay Stathoplos, Director of Nursing Services, RN/BSN/NCSN**  
**DATE: November 2018**  
**RE: Quarterly Report for School Committee**

**August:** Sports physicals were completed at Traip Academy with Kittery Family Practice Practice. Standing orders for OTC medications and nebulizing treatments for the district were written and obtained. Epi-pen scripts were sent out for stock Epi-pens in the school. Asthma and Allergy plans requests are sent out to families. Immunization requests and Exemption forms are also sent out. There are new immunization requirements for this year at both the middle and high school levels. Orders for students that have chronic illness, such as Diabetes, Seizure Disorders or medications are requested. AED batteries and pads are checked for expiration dates. Supplies are inventoried and put away in the Shapleigh storage closet, while each nurse checks to be sure that health offices are stocked for the first day of school. Stop The Bleed program was introduced to all staff. Grant money for supplies for 36 crisis bags was awarded from Kennebunk Savings Bank.

**September:** Health records are reviewed for each student and needed health information is distributed to each staff person that needs to know the information. Health plans are written and/or updated. Nurses work with nutrition around food allergies and dietary surveillance. Nurses work with custodial staff to make sure that needed hand-wipes are placed outside of classrooms. Nurses work with the bus company regarding health issues and an Epi-pen training was done with Bus drivers. Life threatening allergies, Asthma and Diabetes training was done with school staff in each building. Nurses complete substitute plans. The district-wide Wellness meeting was held as well as building level Wellness meetings. Sports physicals were performed at Shapleigh with the Kittery Family Practice. The day-to-day routines of tending to students begin, as does health screenings. Nursing presented the role of the school nurse to the School Board. Two nurses attended a seminar on Calming the Over Active Brain. Stop The Bleed supplies ordered and obtained

**October:** Health screenings for vision, hearing, height and weights begin. We partnered with the Visiting Nurses Association of Portland to assure that students and staff had access to the flu vaccine. A clinic was held at each school and Central office. A dental clinic was held and the students that elected to sign up were able to have dental screenings with sealants and fluoride treatment by the Tooth Protectors. Two of the nurses attended a seminar on Recognizing, Responding and Reporting on Child Sexual Abuse. Two nurses attended a training on Screening Brief Intervention and Referral to Treatment for Students, which is a screening for substance abuse. The state is currently looking at how to incorporate this in schools. Replacement AEDs processed and ordered. Stop The Bleed training arranged for November.

**November:** Health screenings continue. Parent teacher contact nights. A review of physicals for the winter sports season have begun. Stop the Bleed Training scheduled for 11/28/18. Some staff wellness activities have begun, such as 'Boot Camp' at Shapleigh and Paint Night at Mitchell. Wellness activities for students are on going. Traip is beginning to coordinate the Sober Without Substance group in conjunction with York Hospital. Mitchell is presented with a Gold Award in recognition of wellness activities for last year. Letters were sent to parents of those students who are not up to date on immunizations. Winter clothing donations collected and distributions of these have begun. Holiday giving has been occurring as well in all 3 schools.

#### **By the Numbers**

**New students in district:** 123

**Flu Vaccines Staff :** 63

**New Diagnosis this quarter:** 56

**Average Daily Student Office Visits:**

**Average Daily Parent Contact:**

**Staff Assessments:** 35 this quarter

**Meetings:**

Nursing = 2

504/IEP = 25 total

Staff meetings =8 total

**Health Record noncompliance:** 7 immunization records

**Flu Vaccines Students:** 161

**Health plans this quarter:** 53

93 district wide daily

18 district wide daily

**Referred:** 3 referred

Wellness = 3 (1-district/2-building)

Student Assistant Team/New England Association

of Schools and Colleges = 4 total