

Anxious Kids, Anxious Parents: Concrete Strategies to Interrupt the Worry Cycle



Monday, March 27, 2017

6-8:00pm

at Kittery Community Center's
Star Theatre

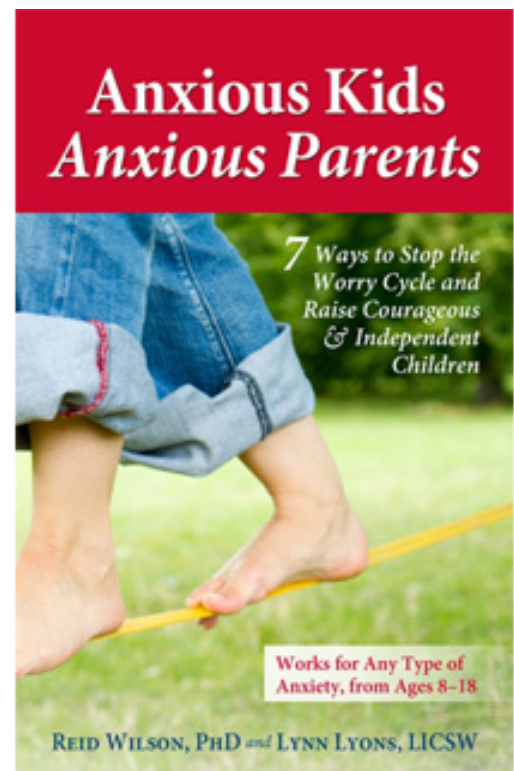
120 Rogers Road Kittery, ME

Lynn Lyons is an Internationally recognized expert in the field of anxiety and a practicing psychotherapist in NH. Her *Anxious Kids, Anxious Parents* presentation is engaging and informational, offering concrete strategies to support all students who experience anxiety on any level!

www.lynnlyonsnh.com

FREE and Open to the Public
Childcare provided (Ages 4+)

For more information contact:
koneill@kitteryschools.com



Books and DVDs will be
available for purchase

Brought to you by the Kittery Youth Committee and the Kittery PTA