

TO: Eric Waddell, Superintendent
FROM: Shay Stathoplos, Director of Nursing Services, RN/BSN/NCSN
DATE: January 31, 2018
RE: Quarterly Report for School Committee

November: Goals for the nursing team were decided upon and include: 1. Continuing to focus on professional development specific to nursing and; 2. Expanding our use of IC to document health visits and the student's discharge from the health office. (EX: back to class, refer to MD, home) This will help us to participate in the annual *Step Up And Be Counted* report for the National Association of School Nurses. A review of sport physicals for winter sports was performed at the middle and high school. Vision and hearing screenings continue.

December: The annual required State Immunization Survey was completed. This requires a review of records for students in specific grades and a tallying of mandatory immunizations and exemptions. Winter clothing was obtained from various organizations to outfit approximately 25 students. Nurses helped with the Kittery Holiday Baskets. The nurses met with Nancy Embry to expand the use of IC in the health module. One case of Chicken pox in district.

January: The District Wellness Meeting was held and specific initiatives for each school and nutrition were reviewed. Three new community members were welcomed. The nurses arranged to meet with other district school nurses (RSU 35, MSAD 60, and York) and a local child psychiatrist to dine and discuss the use of ADD/ADHD medications and other childhood psychiatric issues. A review of policies pertaining to health have begun, particularly the immunization policy as changes have been made to state requirements and new legislation is pending on another.

By the Numbers

New students in district: 8

Health Record compliance: all

New Diagnosis this quarter: Asthma x 2, eczema, ADHD, Slow transit, ASD, Glasses x 3, concussion, fractured clavical

Surgical Procedures this quarter: appendectomy x 2, tonsillectomy, myringotomy x2, dorsal rhizotomy, eye surgery x 2, wisdom teeth extractions x 2, adenoidectomy

Flu Activity: 15 cases of students with confirmed flu in district this quarter, 6 at Mitchell, 4 at Traip and 4 at Shapleigh. Information for district families is posted on the Nursing blog regarding the flu and when to keep children home. Mitchell teachers have lessons/videos regarding hand washing and cough/sneeze etiquette appropriate to age. Education of hand hygiene continues and is reinforced at all grade levels throughout the district. Mitchell parents will receive guidelines in the Friday Folder and Sandpiper News this week and a hard copy as well.

Average Daily Student Office Visits: 37 avg each school (vary daily) **Referred:** 35 this quarter*

Average Daily Parent Contact: 6 avg in district (vary in buildings) (*To see health provider)

Staff Assessments: 70 this quarter

Referred: 4

Meetings:

Nursing = 3

504/IEP = 28

Staff = 10

Parent Teacher's Conferences: 2 per school

Choose to Be Healthy Coalition meeting (Wellness) 1

Wellness = 4 total

Student Assistant Team = 10

Field Trip preps = 11

Let' Go! 5-2-1-0 meeting (Wellness) = 1