

# Kittery

## School District

*Truth & Knowledge*

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December 7, 2020

Good Monday afternoon to all...

You may have heard the news over the weekend that the Maine CDC has updated its recommendation on the required length of quarantine for an individual determined to be a close contact of a positive COVID-19 case. **On a going-forward basis effective Tuesday, December 8th, 7:00 AM**, the Kittery School District will adhere to the following quarantine practices for **close contacts**:

- The individual **MUST** quarantine for 10 days from the time of his/her exposure and **MUST** receive a negative PCR test (non-rapid) **AFTER** day five of the quarantine, **or**
- The individual **MUST** quarantine for 14 days from the time of his/her exposure.
- In either case, the individual may return to school following the quarantine as long as he/she exhibits no symptoms as detailed in the daily *COVID-19 Pre-screen Tool for School Attendance* (attached).

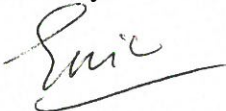
It is important to note that this does not change the **14-day quarantine period for traveling outside of Maine, New Hampshire, or Vermont**. Traveling to a non-exempt state **FOR ANY REASON** requires a 14-day quarantine or a negative PCR (non-rapid) test administered on day 5 (or later) of the quarantine. For students, a negative PCR test result must be given to the student's school nurse. Employees must present their negative PCR test result to the Human Resources manager.

**And just one more reminder...**

- If someone in your household is awaiting a COVID-19 test result due to symptoms or to being a close contact, students and staff should not come to school until a negative test result is confirmed.

As always, we thank you for your support as we navigate through this pandemic. If you have any questions, do not hesitate to reach out to your student's school nurse. Staff members may contact the Human Resources manager at any time.

Sincerely,



Eric Waddell  
Superintendent of Schools