

To: Eric Waddell, Superintendent  
From: Scott Harris  
Date: March 9, 2020  
RE: Quarterly Report

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#### Ongoing District Level:

- Manage 504 meetings (meeting minute drafts and plan writing)
- Individual & group counseling
- Mediate peer conflicts
- Participant in ongoing IEP, 504, grade level and leadership meetings
- Ongoing individual counseling (anxiety, divorce, self-harm, grief)
- Welcome and transition new students to Kittery schools
- Consulting/coordinating with Sweetser school-based clinician
- Holiday supports (Kittery Holiday Baskets, adopt a family)
- Consultations with staff.

#### Mitchell School Counselors:

- Weekly classroom lessons K-3 Second Step (additional units on personal body safety and civil rights)
- Transitioning students that leave (t-shirt; facilitating closure)
- Organized speakers and lessons from SARSSM (Sexual Assault Response Services for Southern ME)
- Provided professional development to staff - Child Sexual Abuse Prevention and Awareness
- Responding to crises in the school community - i.e., death/suicide ideation/divorce and family change/abuse/neglect
- Weekly counseling social skills groups using Zones of Regulation
- Lunch bunches for all students
- Organizing initiatives to reduce chronic absenteeism
- Planning National Jazz and Friends National Day of Reading and supported classes.
- Coordinated The Great Kindness Challenge 2020
- Coordinated End 68 Hours of Hunger - currently 38 students

#### Shapleigh School Counselors:

- Introduction to Naviance and Career Cluster Assessment for all 8th graders
- Provided Anxiety, Depression, and Suicide Prevention lessons to all 7<sup>th</sup> and 8<sup>th</sup> graders
- 6<sup>th</sup> grade lesson exploring civil rights categories
- Organized speakers and lessons from SARSSM (Sexual Assault Response Services for Southern ME) 6<sup>th</sup>, 7<sup>th</sup>, & 8<sup>th</sup> grade
- Weekly counseling social skills groups (i.e., 6<sup>th</sup> grade boys' group)
- Gay Straight Alliance - weekly group open to any 7<sup>th</sup> or 8<sup>th</sup> graders
- Soul Models – facilitated and organized the start of the Soul Models (afterschool program for 5-8<sup>th</sup> grade girls)
- Participated in National Jazz & Friends Day of Reading planning the event and supporting classes during the reading.
- Weekly classroom lessons for 4<sup>th</sup> & 5<sup>th</sup> grades (Second Step); finished Emotion Management and Problem-Solving unit
- Weekly counseling social skills groups (4-8<sup>th</sup> grade)
- Planning National Jazz and Friends National Day of Reading and supported classes.
- Specific classroom lessons and discussions to promote the understanding of students with learning differences.
- Support students with personal hygiene/self-care issues
- Write personal learning plans
- Prepare for staff Personal Awareness Training (Understanding, responding to, and preventing child sexual abuse)

#### Traip Academy School Counselors:

- Coordinated field trips, and continue with supporting the application process to SRTC.
- Planning for testing; SAT (April 14<sup>th</sup>), Science MEA's (April 7<sup>th</sup>), and ASVAB (Feb 25<sup>th</sup>).
- Junior group meetings to begin the post-high school planning process.
- Re-introduce students to Naviance and the Career Interest Profiler.
- Individual Junior and Sophomore meetings
- Graduation requirement checks
- Prepare for staff Personal Awareness Training (Understanding, responding to, and preventing child sexual abuse)