

Truth & Knowledge

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Dear Kittery School District Staff and Families,

Information related to the Covid-19 virus continues to fill my email 'in-box', local newspapers, and mainstream media. I wanted you all to know that the District is currently working on a **Continuity of Operations** plan. This plan will be executed if the Maine Department of Education calls for the temporary closing of schools resulting from a virus outbreak. Currently, there are no diagnosed cases of Covid-19 in Maine.

In the meantime, our Leadership Team and School Nurses are reminding anyone who may be symptomatic (fever, cough, shortness of breath) to stay home and to report their symptoms to their School Nurse after they have reported to their primary care provider. The District is not currently requiring self-quarantine for anyone who is asymptomatic. The District expects all students and staff to be self-monitoring for symptoms. If symptoms arise (fever, cough, shortness of breath), that particular student/employee must self-quarantine and report their symptoms to their School Nurse after they have reported to their primary care provider.

If employees/students have traveled recently to any Level 2 or Level 3 country (a health notice designation of the CDC), they should self-monitor even if they are asymptomatic, and they should continue to do so for at least 14 days. If symptoms arise (fever, cough, shortness of breath), that particular student/employee must self-quarantine and report their symptoms to their School Nurse after they have reported to their primary care provider.

I continue to emphasize good hygiene as the best defense against any virus. Proper hand-washing, covering coughs and sneezes (not with your bare hand!), staying home when sick, and avoiding 'casual sharing' of drinks and utensils are proven ways to avoid getting sick.

As always, if you have any questions, please reach out to your School Nurse. Of course, you may always contact me!

Sincerely,

Eric F. Waddell

Superintendent of Schools