

SANDPIPER NEWS

7 School Lane | Kittery Point, ME | Marcelle Durost, Principal

Important Dates

June

- 5 - 2nd Grade Field Trip
Gundalow 8:45-2:00
- 5 - School Committee meeting
@ 6:30 pm
- 6 - Early Release @ 2:00 pm
- 7 - K-2 Step Up Day
- 8 - Grade 3 Step Up Day to
Shapleigh School & Field Trip
to John Paul Jones Park
8:40-12:30
- 8 - Rotary Book Swap, time TBD
- 11 - Mentor Appreciation -Courtyard
- 12 - Fort Foster K-3 Field Trip
9:00-1:00 (June 13 rain date)
- 14 - 3rd Grade Town Hall
Field Trip 9:45-12:15
- 19 - LAST DAY OF SCHOOL!**



Career Day

There is a goat in the court yard!! Mitchell third graders were in for a surprise when they entered the court yard for career day. 6 professionals from a variety of professions were on hand to talk to the students about their chosen careers. All the students listened intently as they got introduced to what it is like to work as a police officer (Officer Cummer), nurse (Cara Konecci), engineer (Rob Brandow), coach (Amy Cook), musician (Tim Theriault) and veterinarian technician (Jen Hayes). They learned about what training is required, what skills are needed to do the job. All students asked amazing insightful questions to our professionals. And yes they all got to pet Elsa the goat at the end of the presentation.



We need your Books!

To prepare for the BOOK SWAP in June we are asking parents to donate books that your child has outgrown. If you have books that Kindergarten to grade 4 would enjoy and no longer need, we would greatly appreciate the donation. The Kittery Rotary are organizing this event for our students. A great way to get new books for summer reading. We have placed bins in the front lobby to make it easy for you to drop off books.



Volunteer Recess Coach at Mitchell School

Megan Brown has been a volunteer recess coach for the past few weeks on Thursdays here at Mitchell School. Students are learning a variety of games that they can play at home and that require few if any props such as balls or hoops. We want to thank Megan for doing such a terrific job with the students. Thanks Megan! Next year we will be looking for more volunteers who might be willing to come in to help our students learn some new games to play. We have a 'Recess Games' book to help, but if you have some favorites from your childhood, we always welcome new suggestions and volunteers.



Planting at Mitchell

Third grades are using a planting method used by Native Americans called the "three sisters". It is a companion planting with corn, beans and squash. Students have been studying native American tribes and many had heard of the "three sisters" from their research. The corn serves as a trellis for the beans and all plants are shaded by the squash leaves. All three veggies can be harvested and used over the winter months and this collection of seeds are heirloom varieties from the 1800's. We used a paper fish to symbolize fish being used for fertilizer in each planting mound.



Second graders took the Maine theme they are studying and planted lupines from seed after *Miss Rumphius*, Maine author, Barbara Cooney's book about "making the world a more beautiful place". They also became Maine farmers and planted potatoes in barrels. We should be able to harvest in September when they return as third graders. First grades raised veggies from seed under lights in the library and also direct sowed spinach, lettuce and radishes into the school gardens. Soon, we will have some greens to harvest for lunch.

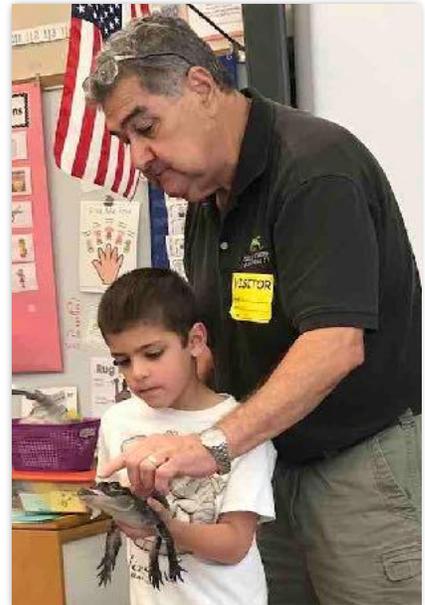
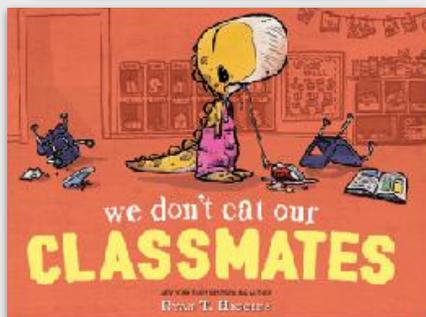
Finally, the kindergarten classes are growing food, milkweed, for the Monarch butterflies and other pollinator plants for the honey bees to help them through their current crisis.





Ryan T. Higgins Bio

Ryan T. Higgins is a New York Times Bestselling author/illustrator residing in Southern Maine. He lives with his two dogs, two cats, one gecko, one tortoise, one son, one daughter, and one wife. As a child, he lived on a diet of cartoons, cheese sandwiches, and climbing trees. At the age of four he decided to become a cartoonist and he's been making his own cartoons ever since.



Curious Creatures

Mrs. McEachern's and Mrs. Eames' classes had a visit from "Curious Creatures" this week with the Ferguson children's very own grandfather. He brought in some very unique animals including a hedgehog, snakes and even a baby alligator! He taught the students some interesting facts about the animals, and gave the students the opportunity to pet and even hold many of the creatures!

Kindergarten Author Visit

Ryan Higgins visited our kindergarteners on Monday sharing his new book, to be released June of 2018, with our students. The story is about Penelope the dinosaur starts school, but it's hard to make friends when her classmates are so delicious! It's the first day of school for Penelope Rex, and she can't wait to meet her classmates. But it's hard to make human friends when they're so darn delicious! That is, until Penelope gets a taste of her own medicine and finds she may not be at the top of the food chain after all. . . .

The children loved the story as Ryan read and shared his illustrations of the old Mitchell School as Penelope Rex's new school in the book with the children. He then had the children give him ideas of an animal to draw and he combined several creatures to create a new animal. A special thank you to Ryan for donating his time to share his wonderful books with our students.





Purpose of Step Up Day

The purpose of Step Up day is for children to meet their next year's classroom teacher as well as their classmates. This allows children time to adjust to a new grade level, teacher, and meet new friends. It is an exciting moment for both the child as well as the teacher. Students will meet their new teacher and do a fun activity. Students get a chance to experience walking through the hallway, find their new room, and see their new learning environment. This is a big change for our kindergarten students for they move to the second floor. They get the feeling of what it will be like to be in the first grade wing close to the cafeteria and related art classes. Third graders get a chance to visit Shapleigh and meet their new teacher. They get a tour of their new school and have some of their questions answered. By providing this opportunity for students, it allows students to transition more smoothly into the new school year and eliminate or lessen any worries or concerns students may have. It also provides parents with information and time to help their child feel excited about returning to school in the fall.

Step Up Day

June 7th K-2 and June 8th Grade 3

Students in grades K-2 will be "Stepping Up" on June 7 to meet their new teacher and classmates. This is an exciting day for the students. Students will be bringing home a notice in their Red Folders to share with parents their next year's teacher. We are still working on placement for 3rd graders. Parents will be notified at the end of year of their child's teacher on the report card as we have in the past. Third graders will be visiting Shapleigh on Friday, June 8th for their Step Up Day.

Classroom Placement

For a New School Year

One of the most important, as well as trickiest jobs in a school, is developing learning environments that will be positive for our students. There are many factors taken into consideration as we make decisions around placement in classrooms:

- number of boys and girls
- children's learning styles
- children have at least one learning partner(s) of similar ability
- children have at least one child they consider a friend
- number of children who may need additional support
children who may experience challenges working with certain classmates
- input from our school counselors, related arts teachers, classroom teachers, and any other staff member that may work with each child

Taking all of this information into consideration, we work as a team to develop classes of children who we feel will work best together. Once this is completed administrators will assign teachers to classes.

We understand that parents may have concerns about the placement of their child. We ask that parents do not request a specific teacher. However, if a parent has concerns about the learning environment you may share this with the principal or assistant principal in writing by Friday, May 25th. Please do not go through the classroom teacher for placement requests. These should all run through administration. We will try to honor a parent's recommendations as long as it does not interfere with developing balanced classrooms. We will let parents know if we cannot honor your request prior to Step Up Day. Once we have Step Up day it is very difficult to make changes for it interferes with the maintaining of balanced classrooms.

Kittery Reads Program



Invites you to

School Wide Book Exchange

- Please DONATE your gently used children's books & get students excited about reading!
- Books should be appropriate for ages 5-10
- Collection boxes will be set up in the lobby at Mitchell School.
- Donations can be brought to school until JUNE 1st, so that students can "shop" on June 8th



Ticks and tickborne illness

Many tickborne diseases can have similar signs and symptoms. If you have been bitten by a tick and develop the symptoms below within a few weeks, a health care provider should evaluate the following before deciding on a course of treatment indicated by your symptoms and diagnostic tests. The most common symptoms of tick-related illnesses are:

Fever/chills: With all tickborne diseases, patients can experience fever at varying degrees and time of onset.

Aches and pains: Tickborne disease symptoms include headache, fatigue, and muscle aches. With Lyme disease you may also experience joint pain. The severity and time of onset of these symptoms can depend on the disease and the patient's personal tolerance level.

Rash: Lyme disease, ehrlichiosis, and tularemia can result in distinctive rashes: In Lyme disease, the rash may appear within 3-30 days, typically before the onset of fever. The Lyme disease rash is the first sign of infection and is usually a circular rash called erythema migrans or EM. This rash occurs in approximately 70-80% of infected persons and begins at the site of a tick bite. It may be warm, but is not usually painful. Some patients develop additional EM lesions in other areas of the body several days later.

In the most common form of tularemia, a skin ulcer appears at the site where the organism entered the body. The ulcer is accompanied by swelling of regional lymph glands, usually in the armpit or groin.

In about 30% of patients (and up to 60% of children), ehrlichiosis can cause a rash. The appearance of the rash ranges from macular to maculopapular to petechial, and may appear after the onset of fever.

Tickborne diseases can result in mild symptoms treatable at home to severe infections requiring hospitalization. Although easily treated with antibiotics, these diseases can be difficult for physicians to diagnose. However, early recognition and treatment of the infection decreases the risk of serious complications. So see your doctor immediately if you have been bitten by a tick and experience any of the symptoms described here.

Please visit the following CDC website for further information:

<https://www.cdc.gov/ticks/symptoms.html>

Prevent tickborne illness by checking yourself and your children following outdoor play. Avoid highly wooded areas and try to stick to trails. Wear pant legs that are tucked into the shoe and light colored clothing so you can spot them more easily. Use a repellent containing DEET or apply permethrin to clothing. Put clothing into a dryer on high heat for 10 minutes.



United States Department of Agriculture

School's Out

POWER UP
for
Summer Fun!

SUMMER MEALS for KIDS & TEENS



Being Served in Your Community

To find a location near you,
call 1-866-3-HUNGRY or go to
www.fns.usda.gov/summerfoodrocks

OPEN to All Children, 18 and younger
NO Enrollment, NO Cost!



USDA is an equal opportunity employer and provider.

The Kittery School Nutrition Program is excited to announce our summer lunch program. The open sites will be at the Kittery Community Center and Woodland Commons.

June 25-August 24, Monday-Friday

Kittery Community Center 11:30-Noon

****Available FREE to any child age 18 and under****

******Income eligibility NOT required******

Please call 439-4846 with any questions or email Wendy Collins, wcollins@kitteryschools.com.

The Role of Life Experiences in Raising Healthy & Thriving Children & Communities

Monday, June 25th from 1-4pm
Village By The Sea, Wells



Presented by Sue Mackey Andrews and Joy Osterhout.

This event is free, but must pre-register.

Light snacks will be provided.

Learning Objectives:

- Participants will understand that everyone, especially parents, has the ability to make a dynamic difference in the lives of children.
- The learning session will provide information about how small, thoughtful actions have a great impact on a child's future.
- The learning session will provide information about how positive healthy interactions can prevent negative consequences later in a child's life.

This three-hour, inter-active session will provide participants with an introduction to the Adverse Childhood Experiences (ACE) Study including what ACEs can look like, sound like, and feel like for those impacted, as well as the potential impact of toxic stress upon healthy brain development. We will explore the prevalence of ACEs in Maine as well as examine Adverse Community Environments and their impact on children, families and communities. Additionally, through large and small group activities, we will learn strategies that help to build or promote resilience for healthy and thriving children, families and communities.

May 24, 2018

Dear Mitchell School Parents:

We are planning to have an all-school field trip to Fort Foster on **Tuesday, June 12. THERE IS A RAIN DATE OF Wednesday, June 13th for this field trip.** We will make the decision to go **via email/School website** by **Monday June 11th**. If it is cancelled, please check our website and email for a notice concerning this decision.

We would appreciate parents putting sunscreen on their children before coming to school!

What your child needs on this date: towel, hat, waterproof shoes (crocs are ideal!)

- **Dress your child in a:**
 - Red T-Shirt if in Kindergarten**
 - Green T-Shirt if in gr. 1**
 - Blue T-Shirt if in gr. 2**
 - Yellow T-Shirt if in gr. 3**

The children will be tide pooling and enjoying a variety of outdoor activities. We are encouraging as many students as possible to participate in our school lunch program on this date. The choices will be simple.

Of course we will need LOTS and LOTS of volunteers to help us with this field trip. If you are interested in chaperoning on this field trip, please check the box below on your son/daughter's permission form and return it to your classroom teacher by **FRIDAY, June 1st**.

If you are offering to chaperone, please understand that we can not accommodate dogs and deeply discourage bringing younger siblings – as a monitor of a group of students we want to maximize the safety of your group and make this a special day for your school age son/daughter. If you want to visit your child on this trip, please do feel free to join your son/daughter during lunch.

Thank you,
Marcelle Durost, Principal
Alli Gamache, Assistant Principal

CHILD'S NAME _____ CLASSROOM TEACHER _____

____ I GIVE MY SON/DAUGHTER PERMISSION TO ATTEND THIS FIELD TRIP TO FORT FOSTER

____ YES, I AM INTERESTED IN CHAPERONING ON THIS FIELD TRIP

PARENT SIGNATURE _____

PLEASE RETURN TO CLASSROOM TEACHER BY Friday, June 1st